

Pershing County School District ♦ Parent Health Information



**Report of Minor Head Injury:**      Date \_\_\_\_\_

To the Parent / Guardian of \_\_\_\_\_ Grade \_\_\_\_\_

**Your child had a bump to the head today.** There may also be a cut or scrape. If so, we cleaned it and applied a bandage. After checking your child, we saw no immediate problems and your child returned to class. **It is important to remember the size of the bump has no relationship to the seriousness of the injury.** A big bump can be nothing dangerous, and no bump can be serious or nothing at all!

Students who have any bump to the head receive a nurse check that includes the following:

- How they walk, talk, think, their balance and their memory,
- Watching for a period of 15-30 minutes or more in the health office,
- Talking with school staff about the injury and follow-up after they return to class.

This letter is to let you know it does **NOT** seem that your child's injury requires any additional care.

**PLEASE NOTE:** we will **immediately** call you, for **ANY** head injury that we believe needs more medical attention.

Even though it does not seem this is a serious injury, you should be aware of ***signs of a concussion*** (listed below). **Please see your medical provider if your child shows any of these symptoms OR** anytime you have general questions, concerns, or feel it is appropriate.

**Possible signs of concussion:**

- More fatigue or sleepiness
- Difficulty waking up
- Changes in vision including double or blurred vision
- Severe headache that does not respond to pain medication
- Constant headache or recurring head pain
- Vomiting
- Trouble thinking or concentrating
- Difficulty concentrating
- Changes in walking or balance
- Changes in mood and behavior

Please do not hesitate to contact the Health Office with any questions or concerns. 273-1147